



نخالة قمح للاستهلاك الادمي

EDIBLE BRAN

EDIBLE BRAN CONTAINS ABOUT 14.5% OF THE WHEAT KERNEL WEIGHT . WHEAT BRAN IS THE OUTER SHELL OF WHEAT GRAIN AFTER CLEANING AND PURIFICATION . IT IS RICH IN MINERALS AND FIBERS THAT HELPS IN DIGESTION AND RELIEVES WEIGHT AND IS USEFUL FOR DIABETICS

USED WITH MILK, HOMEMADE PASTRIES AND WITH GREEN SALAD

Nutritional Value		المكونات	
Protein (%)	15.0 %	15.0 %	مواد بروتينية
Fat (%)	4.0 %	4.0 %	مواد دهنية
Carbohydrate (%)	63.0 %	63.0 %	مواد كربوهيدراتية
Minerals (%)	6.0 %	6.0 %	عناصر معدنية
Fiber (%)	12.0 %	12.0 %	ألياف